

2019 MASTOCYTOSIS CONFERENCE DRAFT PROGRAM

FRIDAY 27 SEPTEMBER 2019

9:30 – 10:00am	Registration and arrival
10:00 – 11:00 am	Support – share your journey towards diagnosis. What helped or hindered you?
11:00 – 12:00pm	TMS past conference videos – topic to be decided
12:00 – 12:45pm	<i>Lunch and gentle stretches</i>
12:45 – 1:00 pm	Welcome and Introduction by TAMS Chair David Mayne
1:00 – 2:00pm	Dr Anne Swain – Head Dietician, Royal Prince Alfred Allergy Unit – A Healthy Relationship with Food
2:00 – 3:00pm	Support groups – patient group separate to carers group
3:00 – 3:30pm	Afternoon Tea + 5min positive mindfulness moment
3:30 – 4:30pm	Associate Professor, Dr Katrina Randall – Staff Specialist, Immunology, Canberra Hospital – Diagnosis of Mast Cell Diseases
4:30 – 5:30pm	Dr Catherine Drummond – Dermatologist MB.BS, FRACGP, DCCH, FACD Cutaneous Mastocytosis – diagnosis and management
5:30pm	End of Conference Day 1

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SATURDAY 28 SEPTEMBER 2019

8:30 - 9:00am	Registration and arrival
9:00 – 9:15am	Welcome and update on our worldwide Masto networks and Research – David Mayne
9:15 – 10:15am	Professor Connie Katelaris – Bone Health: Connections with bone pain and Mastocytosis (via Skype)
10:15 – 10:30am	Working Morning Tea + chair stretches
10:30– 11:30am	Professor Connie Katelaris – Managing Anaesthesia in surgical and dental procedures with a mast cell condition (via Skype)
11:30 – 12:00pm	How to work with your doctors. What info to take/ share? Top Five Tips – Professor Connie Katelaris and Professor Pete Smith with David Mayne and Kristin Sinclair
12:00 – 12:30pm	Lunch + practising a gratitude attitude (5mins)
12:30 – 1:30pm	Professor Pete Smith – Mast cells – How they work and how they cause problems
1:30 – 2:30pm	Professor Pete Smith – How do hormones impact mast cells, why does my brain get foggy and an update on treatments; current & future possibilities
2:30 – 3:15pm	Concurrent sessions: <ul style="list-style-type: none"> - Professor Pete Smith – Paediatric mast cell manifestation and management (An opportunity to workshop how to navigate childcare and school for your child with a Mast Cell condition) - Adult patient support group
3:15– 3:30pm	Afternoon Tea + 5 minute power of positivity
3:30– 4:30pm	Concurrent groups: <ul style="list-style-type: none"> - Tips for caring for someone with a chronic illness - Tips for living with a chronic illness (adults)
4:30 – 5:30pm	Susie Ammerer – Exercise Physiology – tips and tricks for staying physically fit and active with a chronic illness
5:30pm	End of conference day 2

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SUNDAY 29 SEPTEMBER 2019

9:00 – 9:30am	Arrival morning tea + TAMS Strategic plan share
9:30 – 10:30am	Kristin Sinclair and Sue Dickinson – The Essence of Good Health – living with Mastocytosis
10:30 – 11:00am	TAMS AGM
11:00– 12:00pm	Interview Q & A with Mariana C. Castells, MD, Ph.D, Associate Physician, Brigham and Women's Hospital, Professor of Medicine, Harvard Medical School conducted by TAMS Chair David Mayne and TAMS committee member Cindy Cluett (video)
12:00 – 1:00pm	TMS conference video
1:00pm	End of conference day 3

1. Please ensure ALL DIETARY NEEDS are notified to the conference planners on registration. This must be done PRIOR to attending.
2. Animal Health Australia have been alerted to possible concerns with sensitivities to chemicals and perfumes. They will undertake precautions to their best ability. Please be mindful of your fellow Masto mates and avoid wearing perfumes, after shave, hand creams and strong deodorants. Ensure you notify TAMS in your registration of any specific needs you require our awareness of.
3. Please bear in mind that this is a DRAFT program and alterations to this program may occur. Over the weekend we will endeavour to keep to the timing of this program and will seek the support of all conference delegates in the process.
4. Child minding support can be considered. Please contact TAMS directly via email to advise of any specific child care support needs you may have. Our email is info@mastocytosis.org.au
5. Attendance and the management of specific health needs is the responsibility of the attendee. Whilst the committee will take all precaution to ensure it is a safe, minimal risk environment, the individuality of each mast cell sensitive patient does present the possibility that some triggers may be unknown to the committee and unable to be fully mitigated. We will do our utmost to ensure appropriate support strategies are available to those attending as needed.

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